



PERSONAL REFLECTIVE ESSAY SAMPLE

Since I was a girl, I knew very clearly that I wanted to be an operating department practitioner, to help others and to fight with my knowledge and mind for human lives. Although everyone thought that I was just a dream girl, and I would change over time, my wish never left me. So I finished education and start working my dream. I love my job so much and I am proud of myself and the team I am with.

Unselfishness is very important, but it is not enough to be a good practitioner. A good practitioner also needs a thorough education and a fair working experience. One of the basic requirements is four or more years of schooling and practice. The doctor treats the patient, a practitioner provides all the nursing, concern, monitoring. You must behave like a parent to the patient. It's important that you try to feel the patient's pain and anxiety and to help him. Carefulness and patience are needed. The care should be heartfelt. Must be tolerant and show compassion.

A good practitioner needs to be aware of the surroundings, have the power to observe and rule extremely professionally. If a practitioner does not have a self-imposed spirit - if she/he is somewhat confused or reluctant to receive advice from a superior medical staff or does not get along with the team- she/ he will not be able to work well with patients.

You must always have the desire to learn more about treating patients and medicine. In recent years, practitioners are demanding an ever-increasing degree of professional knowledge. It is therefore a must to have a desire for learning and to be able to understand what we are learning. In addition, we need to make decisions quickly and urgently intervene when needed.

A person who works as a nurse obviously has to be extremely self-sacrificing. You need to be without prejudice, agree with your colleagues and fit into a medical hierarchy. You must quickly acquire new knowledge to keep you successful in the business. You must love people and have a sincere desire to help them. You need to be prepared to cope with stress because practitioners are not allowed to make mistakes. You must be adaptable so you can sometimes perform your regular job with smaller number of co-workers - and the quality of work should not suffer.

I am very pleased to know that I contribute to the success of the operation and opt for a profession that is interesting and steadily advancing. The patience's warmth has helped me to develop and provide the support from which I have drawn strength to provide quality care. Deciding to do this job and being a practitioner has only one major condition: to love humans. I have found myself in this job and I love it. I love its diversity in which the great attraction of our business lies. As the technique advances and occupies an increasingly important role in medicine, practitioners are facing increasing pressures. It is a real challenge to strike a balance between technique and humanity, or the human way of dealing with patients. However, no apparatus will ever be able to replace the caring and sympathy inherent to the practitioners conduct.